Official Bulletin of the Washington State Music Teachers Association

The CLARION

Volume LXII, No. 4

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PRESIDENT'S CORNER



Where has the year gone? I'll be completing the first 6 months of my Presidential term, fall has come and gone, and snow will soon be on the ground (at least where I live!). Usually, the term

"Hustle and Bustle" is used for the holiday season, but WSMTA members have been "Hustling and Bustling" the past few months. I have already made six chapter visits and what a warm welcome I received! Your state and chapter leaders attended the Leadership Seminar. Your 2010 Conference Chairs, Cherie Felts and Jan Rowan Music, are busy planning an exciting summer event. Your District VP's have been working hard organizing workshops. Make sure you thank them for providing such wonderful educational opportunities!

The biggest project for fall is the OAC and MTNA Competitions. Many hours, during the months of September and October, are spent by the chairs and coordinators in organizing these events. Thank you so much to Julie Swienty, Laurie Eash, Patrick Stephens, chairs of the competitions, and to their coordinators Jee Wong, Laura Curtis and Yunbo Cassady. Your commitment to these projects and to WSMTA is greatly appreciated! Volunteerism is the backbone of our organization and we thank those of you who gave of their time during these events.

Chapters all over the state are buzzing with their own activities: Ribbon Festivals, recitals, programs, and planning for the rest of the year. The flurry continues in our own studios and lives. Whew, that's only a half year! We have a myriad of things to look forward to in the next six months. For now though, do not let the "Hustle and Bustle" of all these functions distract you from enjoying the holiday season. It is so easy to get caught up in all the busyness during this time of year and we forget to stop to see the beauty and hear the magic in the air. Our volunteer work and our teaching are all very important but do take time out for yourselves and for family.

We take a month off but will return in the New Year! All the very best to you during this holiday season.

Jani Peterson, NCTM WSMTA President

BRAVO!





MTNA Foundation Fellow Linda Burger

Congratulations to Linda Burger, NCTM, becoming a MTNA Foundation Fellow! Your colleagues in WSMTA would like to honor and thank you for all the hard work and dedicated years of service to MTNA, WSMTA, and the Spokane Chapter.

(Continued on Page 3)

MTNA Composition Competition Winners

The purpose of the MTNA Composition Competition is to encourage creativity and self-expression in student musicians through the art of composing and to recognize their achievements, as well as the significant work of their teachers.

(Continued on Page 3)

MTNA Competition Winners November 6-8, 2009

"The hills (of Whitworth University, that is...) were alive with music" for three busy days in November! We started the weekend on Friday with incredible piano performances, continued Saturday with wonderful performances in piano, strings, woodwinds, voice, and chamber music, and finished on Sunday with more glorious piano performances!

(Continued on Page 3)

OAC Piano Competition November 6-8, 2009

The 2009 Outstanding Artist Competition was held November 6-8 at Eastern Washington University in Cheney. Eighteen teachers entered 18 students in the Junior Piano Division, and 20 students in the Senior Piano Division.

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WSMTA Contact Information

WSMTA Executive Office

Executive Manager: Judith Price, NCTM 4904 Hilton Rd. NE Olympia, WA 98516 Phone: 360-459-4338

e-mail: WSMTAoffice@comcast.net

WSMTA Website

www.wsmta.net

WSMTA Board of Directors

President: Jani Peterson, NCTM

2601 Mix Road Moscow, ID 83843 Phone: 208-883-3991 e-mail: jani@turbonet.com

President Elect: Dianne Johnston

P.O. Box 655

Kingston, WA 98346 Phone: 360-297-3972 e-mail: <u>dianne@silverlink.net</u> Immediate Past President:

Mary Kaye Owen, NCTM 11445 SE 185th Place Renton, WA 98055-4370 Phone: 425-228-8721 e-mail: mary.k.owen@att.net

Vice President: Laurie Eash, NCTM

S 1924 Post

Spokane, WA 99203 Phone: 509-747-6964 e-mail: <u>laurie52@aol.com</u>

Executive Manager: Judith Price, NCTM

(see above)

Treasurer: Patti Robertson, NCTM

209 E Canyon Drive

Kennewick, WA 99337-5824 Phone: 509-586-2219

e-mail: pattiandken@charter.net

Ed. Board Chair:

Margee Webster, NCTM

(see Ed. Board)

Adjudications Chair: Janice Smith

15604 N Sycamore Mead, WA 99021-9376 Phone: 509-467-8147

e-mail: jsmithpiano@comcast.net

District I VP: Sally Kirk

5399 Tenneson

Sedro Woolley, WA 98284 Phone: 360-856-4938 e-mail: <u>CTK@wavecable.com</u>

District II VP: Carol Hibbard, NCTM

4234 123rd Ave. SE Bellevue, WA 98006 Phone: 425-747-4397 e-mail: <u>hibbardbc@gmail.com</u>

Dist. III VP: Mary Ellen Cavelti, NCTM

11122 State Rd. 162nd E Puyallup, WA 98374 Phone: 253-845-2358

e-mail: Molly60music@comcast.net

District IV VP: Elizabeth Sheppard

1824 Hudson St. Longview, WA 98632 Phone: 360-578-1721 e-mail: <u>bethshep@comcast.net</u>

District V VP: Harriet West 2213 S Beaumont Moses Lake, WA 98837 Phone: 509-765-6585 e-mail: dhwest6@gcpower.net

District VI VP: Laura Curtis

155 Thorne

Walla Walla, WA 99362 Phone: 509-529-9563 e-mail: <u>curtisli@whitman.edu</u>

District VII VP: Stephanie Hill, NCTM

1132 Ripon Ave. Lewiston, ID 83501 Phone: 208-746-1122 e-mail: *smhill@clearwire.net* **Clarion Editor:** Gary Alan Hind (see below)

(000 0000)

WSMTA Education Board

Ed. Board Chair:

Margee Webster, NCTM 2246 S Rockwood Blvd. Spokane, WA 99203 Phone: 509-534-9678

e-mail: johnmargee@comcast.net

Ed. Board Member:

Debra Florian, NCTM 16725 Seminole Rd., NE Poulsbo, WA 98370 Phone: 360-697-1965 e-mail: flostudio@comcast.net

Ed. Board Member: Peter Mack, NCTM

1906 26th Ave. Seattle, WA 98112 Phone: 206-328-7294

e-mail: mackpeter@earthlink.net

Ed. Board Member:

Jeffrey Gilliam, NCTM Dept. of Music, WWU 516 High Street

Bellingham, WA 98225-9107

Phone: 360-650-3709 e-mail: gilliam@cc.wu.edu

Ed. Board Member:

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Ed. Board Members, Ex-Officio

Jani Peterson, NCTM (see President) Janice Smith (see Adjudications Chair) Judith Price, NCTM (see Exec. Mgr.)

The CLARION is published 9 times during each school year: Sept., Oct., Nov., Dec., Feb., March, April, May, and June. It includes membership news and announcements, as well as pertinent news of the Music Teachers National Association.

Editor: Gary Alan Hind 20038 Lysir Ct. NE Poulsbo, WA 98370 (360) 697-2591 basinroad@comcast.net

CLARION Contributors Notice

Articles must be submitted no later than the 1st day of the month preceding the publication date.

- 1. PLEASE DO NOT use any special formatting other than standard paragraph indents and returns.
- 2. PLEASE <u>DO</u> leave <u>two spaces</u> between sentences.
- 3. PLEASE DO NOT submit articles embedded with direct email links.

ADVERTISING:

Advertising Request Forms are available from the WSMTA Executive Office.

Annual WSMTA Officers, Committee Chairs, & Chapter Presidents List

Corrections & Changes

Sunn Valley Chapter President & WSMTA Chapter of the Year Chair, Marilyn Linde has a new, unlisted phone number. From now on, please contact her via her cell phone: 509-830-0297.

Olympic Peninsula Chapter President, Kayla Dyment's mailing address is the city of Joyce (NOT Port Angeles).

MusicLink Chair, Valerie Tedrow's street address is 3030 NE 10th St. #202.

Clarkston Lewiston Chapter President, Nyla Clare's email is: nyla@harvestchristian.org

Arts Awareness and Advocacy Chair, Yelena Balabanova's email is: skymusic@gmail.com

Contact person for the Lake Washington Chapter, Selina Chu's email is: <u>selinachustudio@gmail.com</u>

MEMBERSHIP

Welcome New Members!

Bellingham Chapter Kathryn Jones Dr. John Friesen

Clark County Chapter
Luanne Harms
Joel Anthony Kennedy
Jessica Anne Kelly

Eastside Chapter Mark McDonald Cathy J A Miller Ji Hee Youn Laurie Hyink Irina White Gig Harbor Chapter Sarah Anne Casey

Grays Harbor Chapter Kelsey Bergey

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Adam Ohlson
Rebecca Caroline Smith
Susan E. Speicher

BRAVO!

(Continued from Page 1)



Linda, an active MTNA member since 1989, has volunteered in the Spokane Chapter in many capacities, most notably as membership chair, certification chair, and Chapter President from 1997–1999. As WSMTA Certification Chair from 2003 to 2007, Linda promoted MTNA Certification throughout Washington State, encouraging teachers to pursue the rewards of professional achievement. She continued her enthusiasm for certification by accepting the position of Northwest Division Certification Commissioner, a position she held from 2007–2009. Linda has maintained a piano studio in Spokane for over 20 years.

MTNA will recognize Linda as a Fellow at the MTNA National Conference in March. To become a Fellow, donations were made to the MTNA Foundation Fund in Linda's name. Though we have reached our goal for Linda to become a Fellow, donations can still be made on an individual or chapter basis if you would like to honor her as well.

Thank you Linda for your support and inspiration that you have given to all of us in WSTMA!

> Jani Peterson, NCTM WSMTA President

MTNA Composition Competition Winners

(Continued from Page 1)

There are four different age levels that a student can enter. Thank you to all teachers and students who participated and congratulations to the following winners who will continue on to compete in the Northwest Division Competition.

ELEMENTARY

CategoryStudent/TeacherState Rep.William Zhang/Sharon
Van Valin

JUNIOR

CategoryStudent/TeacherWinnerGabriel Soileau/BarbaraMillerHon. Men.Oliver Hu/Sharon Van
Valin

SENIOR

CategoryStudent/TeacherWinnerRobert Yaman / PeterMack

Hon. Men. David Lien/Peter Mack

Thanks to all who participated!

Patrick Stephens, NCTM WSMTA Composition Competition Chair

MTNA Competition Winners November 6-8, 2009

(Continued from Page 1)

AND THE WINNERS ARE: (Teachers in italics)

JUNIOR PIANO

Win.: Christopher Lu/Peter Mack Alt.: Edward Cordell/Donna Sams

JUNIOR STRINGS

Win.:. Mina Park/Margaret Pressley
Alt.: Christine Lee/Simon James
HM: Hana Cohon/Leslie Marckx
Jonathan Galle/Maria Sampen

SENIOR PIANO

Win.: Min Joo Yi / Duane Hulbert Alt.: Michael Lee / Willard Schultz HM: Thomas Rothschilds / Julie Swienty

> Margaret Kim/Leonard Richter Anneliese Dailey/Peter Mack Dong Won Lee/Victoria Bogdashovskaya

SENIOR STRINGS

Win.: Aaron Hall / Toby Saks Alt.: Grace Youn / Maria Sampen HM: Justin Woo / Margaret Pressley

SENIOR VOICE

Win.: Christina Arroyo/Linda Appert Alt.: Tyrell Wilde/Reginald Unterseher

HM: Shelby Lynn Gottbert/Sandra Glover

SENIOR WOODWINDS

Win.: Joseph Bozich/*Fred Winkler*Alt.: Duke Sullivan/*Gregory Yasin-itsky*

YOUNG ARTIST PIANO

Win.: David Brooks/Jeffrey Gilliam
Alt.: Thomas Edward Crouch/Tanya Stambuk

HM: Andrew Romanick / Karen Savage, Jeff Savage

CHAMBER MUSIC

Win.: "Calliope Trio": Christina Liu, Chelsea Evans, Kyla Hills/ Gerald Berthiaume & Ruth Boden

Alt.: "The Cornish Trio": Maxwell Adkisson, Samantha Bosch, Tracy Hagen/*Peter Mack*

Adjudicators for the event were: <u>Piano</u>: Mark Hansen, David Rost-koski and Kay Zavislak; <u>Strings</u>: Jason Bell, Ruth Boden and Cheryl Carney; <u>Voice</u>: Patricia Blankenship-Mortier; Winds: Carol Padgham-Albrecht,

Jason Bell and Chris Parken.

For their generous help I thank

Coordinators Yunbo Cassady, Laura Curtis and Jee Wong. My gratitude also goes to Onnie Adams, Dianne Johnston, Jani Peterson, Julie Howe, Judy Price, and many volunteers from the Spokane Music Teachers Association.

Laurie Eash, NCTM MTNA Performance Competition Chair

OAC Piano Competition November 6-8, 2009

(Continued from Page 1)

The judges for this event were Judith Schoepflin, Director of Keyboard Studies at Whitworth University in Spokane, Washington, Greg Presley, Professor of Applied Piano at Gonzaga University in Spokane, Washington, and Dr. Yelena Balabanova, new to some, but soon to be known by all!

I am so impressed with the level of students and teaching that goes on in the state of Washington. For those of you not lucky enough to have attended this year, plan on going next year – you will hear amazing music!

My heartfelt appreciation goes to the following volunteers, who gave of their time registering, timing and monitoring and making the contestants feel welcome: Judy Price, Debra Florian, Jani Peterson, and Margee Webster. If you run into any of these wonderful ladies, please take the time to thank them for their hard work!

My special thanks goes to Andrea Hope, Graduate Assistant at Eastern Washington. This young woman was the first to arrive and the last to leave each evening and remained positive and encouraging in the face of all odds! Watch out for her – she is going to be a great teacher, and a tremendous asset to any music association!!

A special thank you to Dr. Jody Graves and Eastern Washington University for allowing us to use their facilities!

On behalf of WSMTA I extend my sincerest thanks and gratitude to you all for making my job so much easier and more pleasant. I enjoyed serving with you.

Our congratulations go to ALL entrants for their fine performances! We especially note the following:

JUNIOR LEVEL WINNERS
Student/Teacher

1st Ilene Shen / Peter Mack

2nd Andrew Liu/Willard Schultz

3rd Bradley Smith/Barbara Van Vliet

H.M. Laura Bedalov/Donna Mary
Sams

Alex Zhu/Barbara Miller Serena Xu/Peter Mack Emma Rubingh/Peter Mack

SENIOR LEVEL WINNERS Student/Teacher

1st Daniel Hwang / Ludmilla Feldman

2nd Britanee Hwee / Marissa Rebadulla Ramos

3rd Hann Lee/Peter Mack

H.M. Adriana Cherskov/Donna Mary Sams

Laura Zhang/Donna Bender Erisha Rubingh/Peter Mack Sarah Du/Donna Bender

FUTURE EVENTS

WSMTA Conference 2010

As we drive through downtown Olympia, and lately have been awed by the brilliant fall colors around the Capitol Lake area, and the reflection of those colors on the water of the lake, we have wished you all were here right now with us!



Soon, another tall and stately tree will grace the inside of the Capitol Building for the holiday season. Did you know that the only time the Washington State seal in the routunda is covered up is when the tree is placed in the center of that immense space? Did you know that our Capitol building is only one foot shorter than our nation's Capitol Building?

When you all are here in June, the Rose Garden will be in full bloom on the Capitol grounds, and perhaps you will be able to join in on a tour of the Governor's Mansion as well as touring the Capitol building. There are also several moving memorials on the grounds from which to draw inspiration. Perhaps someone in your family is listed there on the Vietnam War Memorial wall, or on a stone tile at the World War II memorial as Cherie's dad is named there.

We are so excited when we think about the new and old friendships to be renewed once again as we gather for a great week of learning, laughter, music, food, raffles, fellowship, and so much more! The thought of meeting and having the opportunity to hear Jon Kimura Parker in performance alone makes this coming conference one we shouldn't miss. We know the Edmonds Chapter is so pleased and proud too that "their own Keva Vaughan-McMorrow is the Commissioned Composer, so there is excitement building! We will have more news for you all soon regarding one of the other evening recital events. We'd like to tell our String players/teachers to be watching for a future Clarion/2010 Conference article as it will have you in mind!

Have you called the Red Lion Hotel yet to make your reservation? Here's their number once again for your reference: 1-800-325-4000. Remember to identify yourself as members of WSMTA. Rates were listed in the last issue of The Clarion and will be printed again in a future issue. We are truly desiring that our 2010 Conference be the highlight of your summer, so please plan on joining us!

Jan Rowan Music, NCTM & Cherie Felts 2010 WSMTA Conference Co-Chairs



Jon Kimura Parker 2010 Conference Guest Artist

What an Amazing Career!

Jon Kimura Parker is an internationally acclaimed concert pianist. His extraordinary career has taken him all over the world performing as a soloist, a chamber musician, and with many prestigious orchestras. In

1995 he accompanied the AmeriCares Organization in bringing aid to Bosnia. On New Years Eve he gave a special performance in war-torn Sarajevo of Beethoven's "Emperor" Piano Concerto with Charles Ansbacher and the Sarajevo Philharmonic. In 1996 he gave his fifth tour of Australia which included performances in Sydney, Perth, Brisbane, and Hobart, Tasmania. In recent seasons, Jon Kimura Parker has performed as guest soloist with the New York Philharmonic, The Cleveland Orchestra, The Philadelphia Orchestra, the Warsaw Philharmonic, the NHK Tokyo Orchestra, and with major orchestras in Atlanta, Baltimore, Boston, Cincinnati, Dallas, Los Angeles, Minneappolis, Montreal, San Diego, Salt Lake City and Toronto.

Recent summer orchestral festival appearances have included the Hollywood Bowl, Minnesota Sommerfest, Mainly Mozart, Sun Valley and Vail, as well as chamber music festivals in Amelia Island, La Jolla, Santa Fe, Seattle, Steamboat Springs and Orcas Island. Jon Kimura Parker also collaborates regularly with the Tokyo Quartet and Lynn Harrell. An unusually versatile artist, Mr. Parker has jammed with Doc Severinsen in Calgary and Bobby McFerrin in Philadelphia and Baltimore, and has performed with Audra McDonald and the Mormon Tabernacle Choir.

This fall he has made appearances in the northwest performing with the Seattle, Oregon and Vancouver Symphonies. Parker is also performing a solo piano recital as a benefit to the Orcas Island Chamber Music Festival. He is the Artistic Advisor for this summer festival along with his wife, violinist Aloysia Friedmann who is the Artistic Director.

His recordings include the following: Tchaikovsky Piano Concerto No. 1 and Prokofiev Piano Concerto No. 3 with André Previn, Royal Philharmonic Orchestra; Mozart Concertos 1 piano, 2 pianos, and 3 pianos with Ian and Jamie Parker; P.D.Q. Bach's Concerto for Two Pianos vs. Orchestra with Peter Schickele; and the Barber Piano Concerto with Yoel Levi and the Atlanta Symphony Orchestra.

We are truly fortunate to have such a world renowned artist coming to our state conference!

> Jani Peterson, NCTM WSMTA President

EDUCATION

CERTIFICATION CORNER

New Certification Process

As you read this, 2009 is drawing to a close. You are probably focused on wrapping up your fall teaching, preparing for the holiday season and looking forward to relaxing with family and friends. Certification may be the farthest thing from your mind right now, but there are a few important items of which you should be aware.

The new MTNA certification process begins January 1, 2010. All members requesting certification must apply with the new process beginning January 1, 2010. Check out the link <u>www.mtnacertification.org/</u> and scroll to the information link on the right side of the page (New Certification Process) for an overview of the new process.

Applications for MTNA certification under the current process will be accepted until December 31, 2009. If you have begun the process of certification under the current program and wish to change to the new one please contact Melissa Curtice at 888-512-5278 or mcurtice@mtna.org.

Members nationally certified before January 1, 2009 will renew their MTNA certification one more time on the 5 year schedule, then switch to annual renewals. Newly certified members who received MTNA certification January 1, 2009 through August 31, 2009 will renew annually (renewal deadline is July 1, 2010). Newly certified members who receive MTNA certification between September 1, 2009 and December 31, 2009 will renew in 2011 and annually thereafter. Eventually all certified members will be renewing on an annual basis until meeting the permanent certification requirements.

WSMTA (state) certification is a matter of an application and a fee once you have received MTNA (national) certification. WSMTA no longer has a separate certification process. At this time, all members who currently hold WSMTA (state) certification will continue to renew their WSMTA certification on the current 5 year schedule until becoming permanently certified. If your WSMTA certification has lapsed and

you wish to have it reinstated, there is a late fee of \$5.00 per year in addition to the renewal fee and documentation. For all WSMTA renewals documentation will no longer be required to have supporting signatures which should simplify the renewal process. Documentation used for your national certification renewal is acceptable for WSMTA renewal.

For those members who have applied for, or are considering applying for, MTNA certification, the WSMTA Board has approved 5 more grants of \$100 each towards the MTNA certification application fee. That brings us to a total of 6 grants now waiting for your use. Application for the grants is easy: simply send a copy of your approved MTNA certification application and fee to me.

If you have any questions about certification or renewal, please email me. And, as you are setting those New Year resolutions, consider becoming certified in 2010! Enjoy the season!!

Karen Hollenback, NCTM WSMTA Certification Chair

mall of fame in

Call for Nominations

Who do you know that has made a difference in the music world and deserves to be inducted into our WS-MTA Hall of Fame? Gather information and fill out the nomination form included on page 11.

A Hall of Fame honoree represents a lifetime of contributions in several of the following categories: local, state, division and national work; National Boards; college or university teacher who has been a chairman, or Dean initiating programs; music-related programs such as Dalcroze or Kodaly-Orff; music therapy, music journalism, recording, broadcasting; bringing music into the community with local band, choir, orchestra, summer camps, chamber music; music business - above and beyond the call of duty; founder of music school or conservatory; Arts work with WMEA, Commission; Professional fraternities or sororities; Church music, director, organist, hand bells.

The number of Hall of Fame inductees each year is limited to three (3). With this in mind, it is impera-

tive that your list of contributions be complete and **very specific**. The committee looks forward to receiving your nominations by January 8, 2010.

Thank you for your consideration. We will work together to recognize those who continue to work to make a difference in our lives and communities.

Jane Campbell, NCTM Hall of Fame Chair

Young Composers Project

Young Composers Project Entry Deadline February 16

The postmark deadline for entries to the 2010 Young Composers Project is Tuesday, Feb. 16. Project Rules, Guidelines and Entry Form for 2010 are available on our website: www.wsmta.net. Click on the Student Programs link, then under the Young Composers Project description, click on the highlighted phrase that will bring you the needed forms.

Please take time to carefully reread all instructions. The WSMTA Education Board recently voted to allow computer-generated scores for entries at all levels. In addition, entry fees have been raised and a small cash prize will be awarded to student winners at each level. Please refer to the Rules and Guidelines page on the WSMTA website for further details.

It is wise to play through your student's composition prior to mailing it to ensure that the work is readable for the judges. If you have questions or are unable to access the WSMTA website, please contact me at <u>ks88keys</u> <u>@gmail.com</u> or 206-842-7150, and I will send the information to you via e-mail or U.S. Mail.

Krista Seely Young Composers Project Chair

Chasing the Flu Virus Away

Having explored many aspects of musician wellness during the WS-MTA Conference 2008, we are now in 2009 already experiencing more students than usual succumbing to the flu, and it's only November. It is time to take preventative measures, this time to flush away the H1N1 virus. Although there is a great rush in North American to get the vaccine for swine flu, doctors in Europe and Asia are promoting common sense

hygienic practices, which everyone can do, regardless of the supply of vaccine. The following information is from Dr. Vinay Goyal, a physician in India with over 20 years of clinical experience.

The only portals of entry for the virus are the nostrils and mouth/throat. While still healthy, in order to prevent proliferation or aggravation of symptoms, follow these simple steps.

- **1. Frequent hand washing.** (Consider putting out paper towels in your studio washroom to avoid accumulation and transfer of germs on a common cloth hand towel).
- 2. "Hands off the face" approach. This takes real discipline! You can also bet that no matter how careful you are, there will be some student fingers touching your keys which regularly touch the nose and mouth. Keep a supply of disinfectant wipes and paper towel to clean off the keys periodically throughout the day.
- 3. Gargle twice a day with warm salt water. H1N1 takes 2-3 days after initial infection in the throat/nasal cavity to proliferate and show characteristic symptoms. Simple gargling prevents proliferation. Don't underestimate this simple, inexpensive and powerful preventative method.
- 4. Similar to above, clean your nostrils at least once a day with warm salt water. Not everyone may be good at using a Neti pot, but blowing the nose hard once a day and swabbing both nostrils with cotton swabs dipped in warm salt water is very effective in bring down viral population.
- 5. Boost your natural immunity with foods that are rich in vitamin C.
- 6. Drink as much of warm liquids (tea, coffee etc) as you can. Drinking warm liquids has the same effect as gargling, but in the reverse direction. They wash off proliferating viruses from the throat into the stomach where they cannot survive or do any harm.

In addition to the above, consider greater laxity in your studio policy regarding absences and make-up lessons around the flu. Perhaps post a special note on the studio door with your temporary policy. Much better to schedule a day of high-intensity group classes in the spring or early summer than encourage sick children to come for lessons ("she has been home from school, but I think she could handle a 45-minute lesson!"). This could easily be the rationale if there is no allowance for illness. The

lesson won't be worth much if the child is sick, and you will have extra viruses to clean up after!

Imagine the size of the virus population that all the WSMTA teachers can banish! We are a diligent, detailoriented, disciplined group. Here's another way these traits work to our advantage!

Claire Marshall, NCTM West Sound Chapter

FOR POINT A

From the Organ Chair

Thank you to all WSMTA members who listed organ as one of your instruments when you renewed or established MTNA membership. If you are listed as an organist in my 2009-2010 membership directory, I have added you to my email address book for the purpose of sharing organ-related information.

If you are an organist with an email address and you did not receive email from me this past October, please send me your email address and I will add your name to the list. Likewise, if you are not an organist, but enjoy reading about organ-related subject matter, I would be happy to add your name and email address to my list.

Congratulations to the Snohomish County Music Teachers Association for "The First Annual Marilyn Hesby Pipe Organ Project." This series of events in Seattle providing an educational exposure to the music and repertoire of the pipe organ at St. Mark's Episcopal Cathedral, started on Nov. 7th. A second planned event is an organ master class on Saturday, April 24, 2010. Contact person for these events is Rick Seifert (425) 267-9084, rlseifert50@comcast.net.

Is your chapter sponsoring an organ-related event? If so, please let me know. I have received feedback from WSMTA organists from all regions of Washington that they are interested in attending organ-related events. Would your chapter like to sponsor an organ-related event? Please contact me, and I can assist you in setting something up for your chapter.

Based upon responses I received from my October email to organists, I learned that the WSMTA organ community is quite varied. We have pianists who have been called into service as organists. We also have well-trained organists, many with advanced degrees in organ. If you are a pianist-turned-organist and would like to be put in touch with an organist in your area for the purpose of receiving organ lessons (either for yourself or for one of your piano students), please contact me and I will help you find a qualified organ teacher in your area.

Best wishes to all of you as we enter one of the busiest times of the year for organists!

Joann Richardson, NCTM WSMTA Organ Chair

ENRICHMENT



A Gift from Onnie Adams

Here we are in the month of December and we are thinking about gifts. This month we have a gift from Onnie Adams of the Tri-Cities Chapter. This is an experience she had several years back and consented to share it with us. I would like to invite anyone to share an experience in this column. Here is Onnie's story in her own words and a big thank you for the wonderful gift of sharing it!

All 42 inches and six years of wisdom, Stephen began piano lessons. With a keen mind and a coordinated body, he read and played his beginning pieces with amazing ease.

After four months of weekly lessons, he devoured his Christmas book amazingly in one week. The second week he finished the next level of familiar Christmas songs. When the third Christmas book was received with equal enthusiasm, I knew we were really "cookin." I tossed in a piece his older brother was playing, "Trim up the Tree" from "The Grinch that Stole Christmas," for an extra

At lesson four of Christmas music, I experienced a different Stephen than had previously walked through my door. The word angry hardly covers what emoted from this little bundle of humanity. However, the words tumbled out none-the-less: "I hate practicing. I hate coming to piano lessons. I hate piano teachers! (I thought I was so nice!). I would like to burn every piano that has ever

been made! I hate these stupid books! I hate Christmas music!"

I had no luck diffusing him: humor, being rational, being sympathetic, offering a change of pieces, nothing. This was not the lesson I had envisioned at all. He was amazingly clear in his frustration, and I inwardly realized I was helpless with this young student. As Stephen left, he silently slipped his Christmas books along with "The Grinch," music under the piano bench. I found it later. As he walked out of my basement piano studio he quietly had gotten in the last hurrah.

Did this situation duplicate other teachers experiences? Caught completely off guard, I sought out the advice of another music teacher for some fresh perspective. Was this cause for humor, discipline, empathy, quitting, "fixing" Stephen or what? I received from another professional the perspective I needed. This very bright child most likely never came upon the brick wall of being unable to accomplish a piece beyond his capabilities before. I had indeed allowed him to gallop through books quite beyond his development of abilities and skills with these familiar Christmas pieces. "The Grinch," really did him in when his left hand was not ready for inverted chords and movement quickly within a few measures. To add to this, his older brother with 3 years of lessons and 4 weeks of practice had already learned this piece to perfection. I knew better!

I had some mending to attend to with this fragile ego. He has a sense of humor so that is where I appealed first. Also, there were plenty of skills to be developed without the need of "those stupid books." I addressed a letter to him and put it in the mail instructing him to arrive at his next lesson with no books and added, "are you in for a surprise, eh-eh." His first surprise was to have a pillow fight with the piano. What, you say! Yes, I cleared everything off first and we went at it. What fun, what glee! Then, we created sounds with balls (soft) rolling along the keys followed by bunnies (stuffed) bouncing on the keys with rhythms. Whoopee, then it was on to leaps and intervals with a basso continuo pattern that sounded wonderful.

These moments of unexpected events give license to let the child

loose in us as well as our students. When we are privileged to have parental support in our endeavors whatever they may be, we are all beneficiaries of enjoying music for its intended purpose: pleasure and enjoyment.

Okay Stephen, I am ready for your next lesson. I even have a fire extinguisher handy. Together we are going to make marvelous music!

A P.S to this story. Stephen continued with piano lessons for a couple more years before changing his interests to other instruments. He continues now in college to enjoy creating music in ways I could never have imagined.

Doreen Slaugh, NCTM IMTF Chair

NEW MUSIC

In Recital with Popular Music edited by Helen Marlais, Books 1 (early elementary) through Book 6 (late intermediate). Published by FJH, \$6.95 to \$7.95 per book with CD

This wonderful collection of Disney favorites, current popular favorites, show tunes, and old time classics makes this series a delightful mix for everyone. Included are favorites that are easy to sing along with as well as recital-style arrangements.

Jazz Piano Projects by Ann Collins. Designed for late elementary and early intermediate students. Published by FJH, \$9.95

This book is structured as projects to be undertaken as time permits. It includes concepts and skills outlined in the Pre-Jazz Level of the MTNA Jazz Studies Guide. Ear training is stressed as this unique volume incorporates the "experience before the symbol" approach.

Takin' a Ride by Nancy Lau. For one piano, six hands (early intermediate). Published by FJH, \$2.95

Marked as "chuggin' along," this piece features a flowing ostinato pattern for part 3, rich harmonies for part 2 which are complimented in part 1. Only 37 measures in length yet this piece would make a nice addition to any ensemble recital.

Oh! Susanna arranged by Weekly & Arganbright. One piano, four

hands (early intermediate). Published by Kjos, \$2.95

This lively interpretation of Stephen Foster's familiar tune will be a treat for performers and audiences alike! The introduction uses a fragment of the melody which begins in the secondo and ascends into the primo part. This would lend itself handily to a repeat of the piece with performers trading places on the bench, making this a very showy presentation!

Many thanks go to Robin Chadwick for serving the past two years as the New Music Review Chair. Well done Robin!

Marlene Haney, NCTM New Music Review Chair

DISTRICT NEWS

District VII Winter Conference



Jay and Sandy Mauchley

On Saturday, February 20, 2010, the District VII Winter Conference will feature Jay and Sandy Mauchley. Their workshop, titled "Why Am I Afraid?" How to Secure Our Memory and Control Our Stage Fright" and Master Class will take place on the WSU Campus in Pullman and are open to WSMTA members, non-

members, and students. For registration info, contact Stephanie Hill, NC-TM, Dist. VII VP, smhill@clearwire.net.

Workshop description

From a student – "As I walk up to the stage I tell myself to breathe deeply, relax, and shake the tension out of my body. Then it happens. Something distracts me and I realize where I am and what I am doing. My concentration goes, I feel tense, nervous, out of control and totally lost."

As teachers and performers we can learn to understand this fear known as stage fright, or sometimes known as performance anxiety: the fear, anxiety or persistent phobia which a person feels when performing in front of an audience. We can discover how to overcome symptoms such as the fluttering or pounding of the heart, tremor in the hands or legs, facial nerve tics, dry mouth and/or "butterflies" in the stomach. We can develop dependable and secure memorization skills.

As we explore this fearful anxiety, we will bring to light its: Causes (why am I afraid?); Symptoms (what is happening to me and why do I feel this way?); Coping strategies (what can I do to overcome these feelings?); How can I be better prepared?; How can I be confident and secure in my memory?; How can I improve my physical and mental conditioning?; What can I do before the performance to alleviate my anxiety?; What can I do during the performance to stay focused and relaxed?; Are there other strategies I can learn to overcome stage fright?

As the Mauchleys discuss and explore this complex and frightening phenomenon of stage fright and memory stability, the audience will

be invited to experiment with some of these methods and try them out for themselves during the workshop.

"We can learn to monitor our performance and play with ease and confidence, increase our concentration, focus on the positive, accept ourselves, and increase our power to perform musically while sharing our special gift of music with our audience."

The Mauchley Duo

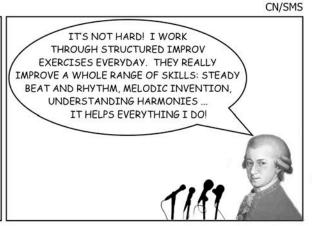
Renowned as a brilliant duo-piano team, the Mauchley Duo has dazzled audiences of all ages in numerous recitals and concerto appearances throughout the United States. They enthrall music lovers with a virtuoso repertoire that spans three centuries. Listeners find their programs electrifying, enthralling and passionate, as the Mauchleys display facile technique, stylistic interpretations, and outstanding virtuosity.

Jay and Sandy, professors emeriti of piano at the University of Idaho, have collaborated together as a husband and wife duo-piano team for almost 30 years. They have appeared on National Public Radio's Performance Today, and have been featured as guest artists on national and state MTNA conventions, the American Liszt Society Festival, and at the Smithsonian in Washington, D.C. In addition, they have given recitals in major cities in several states including Alaska, Arizona, California, Connecticut, Georgia, Indiana, Michigan, New Hampshire, New Mexico, Tennessee, Utah, and throughout the Pacific Northwest. Each summer they perform and coach at the Red Lodge Music Festival and the Interlochen Center for the Arts.

(Continued on Page 9)







(Continued from Page 8)

Popular clinicians, adjudicators, and master teachers, the Mauchleys have both been awarded the "Master Teacher" Certificate by the Music Teachers National Association, as well as the "Alumni Award for Faculty Excellence" from the University of Idaho. They have been presenters and performers at numerous national, state and district MTNA conventions and at various chapters throughout the United States. Topics have included ensemble playing, motivating students with duets, pedaling, releasing creative and expressive potentials in students, memorizing, rhythmic stability, practicing, solving technical problems, moving beyond the method books, and performing and interpreting music from the various periods of music. "Why Am I Afraid?" How to Deal With Memory and Stage Fright, is one of their favorite workshop topics.

Stephanie Hill, NCTM, Dist. VII VP

BULLETIN BOARD

Washington State Federation of Music Clubs Composition Competition

The Washington State Federation of Music Clubs is excited about the upcoming competition for original compositions. The deadline for compositions to be IN MY HANDS is January 15. State winners from each of 4 categories can earn points toward Gold Cups. The first and second place winners will receive small monetary awards and will be forwarded on to the Regional competition within 3 weeks of the deadline. WA State is becoming well known for its young composers, as shown by the many Regional and National winners we have. I hope many of you will take the opportunity to enter this competition as well as others.

For registration forms, questions, and any other information, contact Sharon Van Valin at: 206-236-7394,

or email me at: <u>sfvv65@comcast.net</u>. I don't check my emails that often, so the phone is better for me.



The highlight of this year's conference will once again be the evening concert bill, as some of North America's finest classical musicians will be performing. Numerous professional workshops, sessions, and master classes will take place, as well as the finals of MTNA's national student competitions. MTNA expects more than 2,000 music teachers from across the country to converge for this annual 5-day event. Visit mtna.org for more information.





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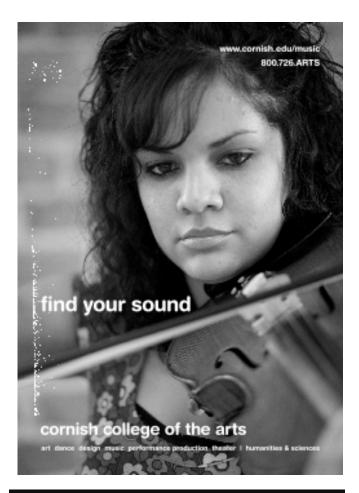
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April 18, 2010

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www.shoreline.edu/CollegeMaps.html

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www.shoreline.edu

Call for Nominations for HALL OF FAME

The Washington State Music Teachers Association Hall of Fame was established to give recognition for exceptional support, inspiration and outstanding contribution to the growth and development of music and music education, both public and private, in the State of Washington.

Members will be selected by the Hall of Fame Committee and will be honored at a State Conference banquet and/or by the State President on visiting the recipient's chapter.

Please take some time to think about outstanding music educators, teachers you have known, and supporters from the music industry who deserve this special recognition. To be selected by one's peers is one of the highest honors a person can receive.

Nominate someone to the Hall of Fame by completing the form on the bottom of this page and send it to the Hall of Fame Chair, Jane Campbell, 10610 86th ST NE, Lake Stevens, WA 98258 jcpiano@comcast.net

WSMTA HALL OF FAME NOMINATION FORM CRITERIA

Nominee has served as an active member of WSMTA and satisfied three or more of the following conditions:

- 1. has served as an active member of WSMTA for a period of no less than ten (10) years.
- 2. has demonstrated consistent excellence in the teaching of music or in music education.
- 3. has brought about substantive improvements in the educational process.
- 4. has contributed significantly to the betterment of music and/or the music education profession through exemplary service or acts.
- 5. has demonstrated the highest ideals of professional integrity through their time of service (active members, retired, posthumously)

Nominee's name	Chapter
Address	
Phone()E-mail_	
Teaching field(s)	

The committee needs specific, detailed, and complete supportive personal/biographical information about the nominee submitted on a separate sheet. This information is to be submitted by a chapter or colleague, not the nominee.

Please return the completed form to WSMTA Hall of Fame Chair:

Jane Campbell, NCTM

10610 86th ST NE

Lake Stevens, WA 98258

jcpiano@comcast.net

Deadline for 2009-2010 nominees is January 8th, 2010



- **Jan. 1:** New MTNA Certification process begins.
- Jan. 8: Deadline for Hall of Fame Nominations.
- **Jan. 10:** Dues deadline for new members for Adjudications participation.
- **Jan. 15:** Washington State Federation of Music Clubs Compositions due. (see page 9)
- **Jan. 15-17:** MTNA Northwest Division Performance Competitions, Lewis & Clark College, Portland.
- Jan. 23: WSMTA Education Board meeting at SeaTac.
- Jan. 23: Certification Exams at SeaTac.
- **Jan. 24:** WSMTA Board of Directors meeting at Sea-Tac.
- **Feb. 15:** Deadline for Young Composers Project ontries
- Feb. 20: District VII Winter Conference at WSU.
- **March 20-24:** MTNA National Conference in Albuquerque

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