



# DISTRICT V CONFERENCE

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***The Heart of Performance – The  
Journey Continues!”***

**Dr. Jody Graves, NCTM**

**Saturday, November 4, 2017 • 10:00 am to 2:45 pm (check in 10:00 – 10:30am)**  
Grace Lutheran Church • 1408 Washington St., Wenatchee, WA 98801

10:00am – 10:30am Check-in  
10:30am - 12:15pm Dr. Graves workshop (workshop description attached)  
12:15am – 1:15pm Lunch  
1:15pm – 2:45pm Master Class

## REGISTRATION FORM

Name \_\_\_\_\_ Chapter \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_

### Registration Fees

WSMTA Member \$48 (Conference & lunch) • \$40 (Conference only)

Non-Member \$50 • Student \$20 • After Nov 1, 2017 or Day-of-Event of \$55

Mail this form with your check payable to **WSMTA District V** to:  
Lisa Sauer, 2021 Broadhurst Pl., Wenatchee, WA 98801

Questions? Contact Lisa Sauer at [sauerstudio2@gmail.com](mailto:sauerstudio2@gmail.com)

The Heart of Performance©  
Dr. Jody Graves – Workshop Presenter  
[www.drjodygraves.com](http://www.drjodygraves.com)

*The heart of performance is the ultimate pursuit of excellence within, and the ability to deliver that excellence in performance.*

*It is a “communion” experience between the performer and the listener.*

*The intersection of humanity vibrates between both participants, joining hearts that beat with the anticipation of a transforming experience.*

*The performer with an open heart pours out their talent and intention, and the heart of the receiver is flooded with possibility and hope. This unique event treats the wounded spirit, and advances all who are present, a few steps further into enlightened and joyous living. What could be more noble?*

Do you ever hear a student or colleague say “I can’t wait until my recital is over!” Have you or your students ever approached a performance without any idea how to truly prepare for a joyful and successful experience? This workshop includes deep discussion on the pathway to successful performance, and how to foster that within ourselves as performers, and for our students. It is beyond “performance anxiety” and illuminates the various aspects of our human experience that integrate the heart and intention with practical application in performance. As teachers we have to know our own approach to performance and to how we offer our musical gifts intimately in order to better serve and guide our students.

This workshop includes interactive discussion, visual and audio illustrations, and hand-out. Participants are invited to bring their questions and stories about performance as we explore the topic that seems to be the most elusive, and at times, the most mysterious. Performance is the result of our process, and clarity of intention within the process can effect powerful changes in how we and our students approach and navigate through every performance. Humor and perspective are included in this seminar, along with specific tools to employ that can give the energy and confidence required for a beautiful outcome. This is designed to “set the stage” as it were, as we enter another year of exciting adventures as teachers of music!